

QUARANTINE AND ISOLATION TIMELINE FOR COVID-19

QUARANTINE

DAY 1
BEGIN QUARANTINE
EXPOSURE TO POSITIVE
OR PRESUMED POSITIVE
PERSON

DAY 10
END QUARANTINE
RETURN TO WORK IF NO SIGNS
OR SYMPTOMS

DAY 1

DAY 2-9

DAY 10

DAY 20

ISOLATION

DAY 1
BEGIN ISOLATION
SIGNS OR SYMPTOMS
BEGIN OR TESTED POSITIVE

DAY 10
RETURN TO WORK IF:
NOT SERIOUSLY IMMUNOCOMPROMISED
WITHOUT SIGNS OR SYMPTOMS
OR
NOT SERIOUSLY IMMUNOCOMPROMISED
WITH MILD OR MODERATE SYMPTOMS
• 10 DAYS AFTER SYMPTOM ONSET
• 24 HOURS WITHOUT FEVER *AND*
SYMPTOMS HAVE IMPROVED

DAY 20
RETURN TO WORK IF:
SERIOUSLY IMMUNOCOMPROMISED
WITH SEVERE OR CRITICAL SYMPTOMS
• 20 DAYS AFTER SYMPTOM ONSET
• 24 HOURS WITHOUT FEVER *AND*
SYMPTOMS HAVE IMPROVED
OR
SERIOUSLY IMMUNOCOMPROMISED
WITHOUT SYMPTOMS
• 20 DAYS AFTER FIRST POSITIVE TEST