

# Using Respirator Masks Without Fit-Testing Availability



N 5 and K95 masks may differ in shape and color but are both respirator-type masks.



1



Wash hands with soap and water or alcohol-based gel.

2



For mask with 2 headband straps: Position the lower headband at the base of neck and the upper around the crown of your head.  
For mask with ear loops: Place elastic ear loops over ears.

3



Press firmly on both sides of the nosepiece to create a secure, comfortable fit.

4



Press around edges of mask to assure good contact with face.

Inhale or exhale to help determine any areas that need additional pressure to assure contact.

5



Remove headbands or ear loops to remove without touching the front of the mask.  
Dispose in trash.

6



Wash hands with soap and water or alcohol-based gel.

# Using Surgical Masks for Respiratory Protection



Surgical or “procedure” masks may differ in shape and color and should be used if a N95 mask is not available.



1



Wash hands with soap and water or alcohol-based gel.

2



For mask with 2 ties: Tie the lower tie at the base of neck and the upper around the crown of your head.

For mask with ear loops:  
Place elastic ear loops over ears.

3



Pull the mask from the top and bottom to fully open the folds of the mask and adjust around the face.

4



Gently form (do not pinch) the nose wire over the bridge of the nose.

5



Release ties or ear loops to remove without touching the front of the mask.  
Dispose in trash.

6



Wash hands with soap and water or alcohol-based gel.