Isolation of Client or Patient

INFECTION CONTROL/COVID-19 EDUCATION
Isolation Procedure: Residential Client Tests Positive for COVID-19

This procedure has been developed to provide high-level guidance when an individual in one of our Residential homes tests positive for COVID-19.

Upon notification of the positive result, note: A positive test result is a laboratory-confirmed positive COVID-19.

1. The individual is placed in a private room with the door closed (if possible). A mask is placed on the individual.
2. Contact the Social Work Director.
3. Contact the Regional Director of Operations - Residential.
4. ED notifies the Department of Health.
   a. Infectious Disease Program
5. ED notifies the Regional Director of Clinical Practice. The Regional Director of Clinical Practice in turn notifies the Social Work Director of Operations - Residential.
6. ED notifies the residents in the home. Note: This does not need to be immediate.
7. ED notifies the individual's physician.
8. ED notifies the Social Work Director of Operations - Residential.
9. ED notifies the residents in the home. Note: This does not need to be immediate.
10. ED notifies the Social Work Director of Operations - Residential.
11. ED notifies the infectious disease program.
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79. ED notify...
When Should A Client or Patient Be Isolated?

- Upon notification of a positive COVID-19 test result.
- Upon close contact* with an infected person.
- A positive test means a laboratory confirmed positive test.

*Close contact is defined as someone who was within 6 feet or less of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the person is isolated.
Notifications

- Executive Director
- Director of Clinical Practice
- Local & State Health Departments
- Primary Physician
- Family/Guardian of Client
- Family/Guardian of others living in the home

ED will log the case into the Company QuickBase COVID-19 Tracker
Isolation of Client

- Client is placed in a private room with door closed (if possible)
- Client wears a mask (as tolerated)
- Client is assigned their own bathroom or bedside commode
PPE Requirements

- ED sends isolation PPE kits to the home
- All Staff who enter the room must wear a mask, gloves, gown and eye protection
- Surgical masks are acceptable if N95's are not available
- Common surfaces should be cleaned twice a day
- Bathroom of client is disinfected after each use
Precautions

- Other individuals in the home should always be a minimum of 6 feet away from each other
- All employees are to wear a surgical mask at all times in the home
- All staff and individuals in the home should wash their hands frequently
- All visitors are restricted from the home and signage posted
Important Things To Avoid

- Do not share household items
- Do not use bathroom of infected client
- Do not enter isolated client’s room without wearing a mask, gloves, gown and eye protection
- Do not wear dirty PPE outside of isolation room
Due to individual abilities, isolation procedures may not be well tolerated, creating a potential safety issue for staff or individuals living in the home.

- Notify Regional Quality Director for guidance
- Hold an IDT meeting to discuss and resolve issues
- Consider moving the client to another home
- Consider moving other clients to another home
- Contact state/case manager about alternatives
- Consider nearby home with a vacancy
Putting On PPE

- Gown
- Mask or Respirator
- Goggles or Face Shield
- Gloves
Taking Off PPE

- Gloves
- Goggles or Face Shield
- Gown
- Mask or Respirator
- Wash Hands
Taking Off Gloves

Gloves

- With one gloved hand, grasp palm area of other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove in first glove
- Discard in waste container

Remember that the gloves are contaminated!
Taking Off Goggles or Face Shield

- Remove from the back by lifting head band or ear pieces.
- If reusable, place in receptacle to be cleaned. Otherwise discard in waste container.

Remember that the goggles or face shield is contaminated!
Taking Off Gown

- Unfasten gown ties, taking care that sleeves do not contact your body when reaching for ties.
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in waste container.

Remember that the gown is contaminated!
Taking Off Mask or Respirator

Mask or Respirator

- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top and remove without touching the front.

Remember that the mask or respirator is contaminated!
Taking Off Goggles or Face Shield

WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE
When to Discontinue Isolation for patient/clients with symptoms

(All the following criteria must be met)

1 day (24 hours) without fever (without using fever-reducing meds)

AND

Improvement in other symptoms

At least 10 days have passed since symptoms first appeared
When to Discontinue Isolation for patient/clients *with severe symptoms*

(All the following criteria must be met)

1. 1 day (24 hours) without fever (without using fever-reducing meds)
   - AND
   - Improvement in other symptoms

2. At least 20 days have passed since symptoms first appeared
When to Discontinue Isolation for patient/clients *without symptoms*

10 days after their first positive test
Once Isolation has been discontinued, thorough cleaning with an EPA registered disinfectant of all surfaces of the isolation room must be completed.

- Floor, rugs, carpet
- Bedding, linens, pillow
- Doorknobs, light switches, lamps
- Blinds, curtains, shades
- Furniture, hard surfaces, chairs
Disposing of PPE and Isolation Waste

A Post Isolation Checklist is available on the REACH website.
Sharps or PPE soaked with body fluids that could potentially leak must be disposed of in red bags with medical waste disposal.

PPE or isolation trash that is dry can be double bagged in sturdy garbage bags, tied and put in with regular trash disposal.
Our company has a national contract with Stericycle for medical waste disposal.

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Questions?